

### Points covered

- Aims and purpose for the trip
- The UKSA Centre
- Cost/Payment options
- Activities
- Accommodation
- Any Questions



## Why we are going? - Aims

- To develop teamwork skills with a range of different people in different situations.
- To raise self esteem through challenging activities.
- To promote the principles of outdoor education including health and fitness.
- To become more independent.
- To develop safety awareness and equip children to recognise risk.
- To enjoy a memorable experience.



## The UKSA Centre - uksa.org

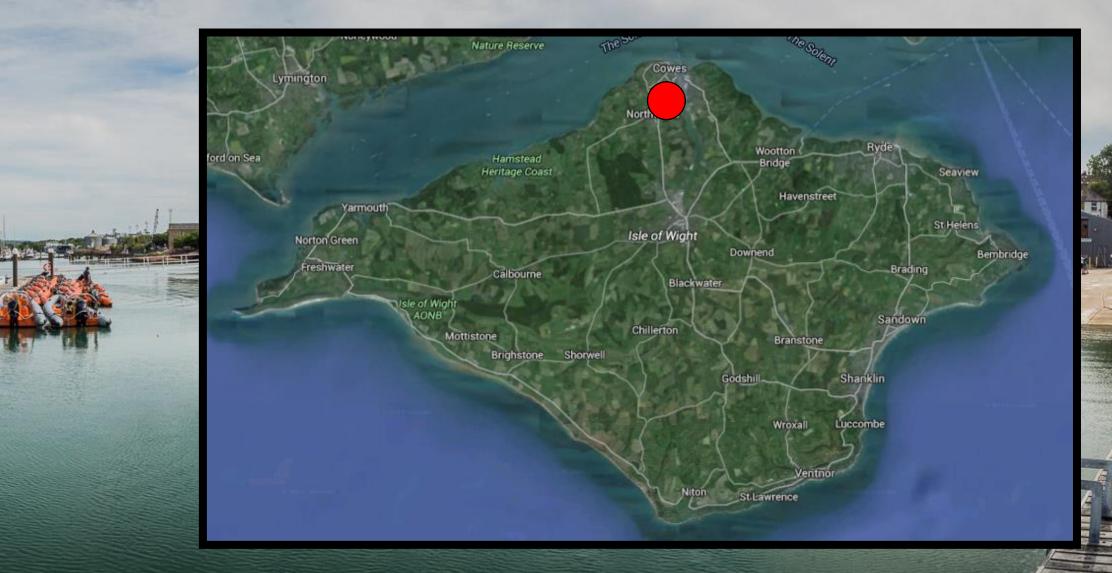
A sailing centre on the Isle of Wight

A centre that focuses on:

- youth development
- schools and groups
- professional training (uksa.org)

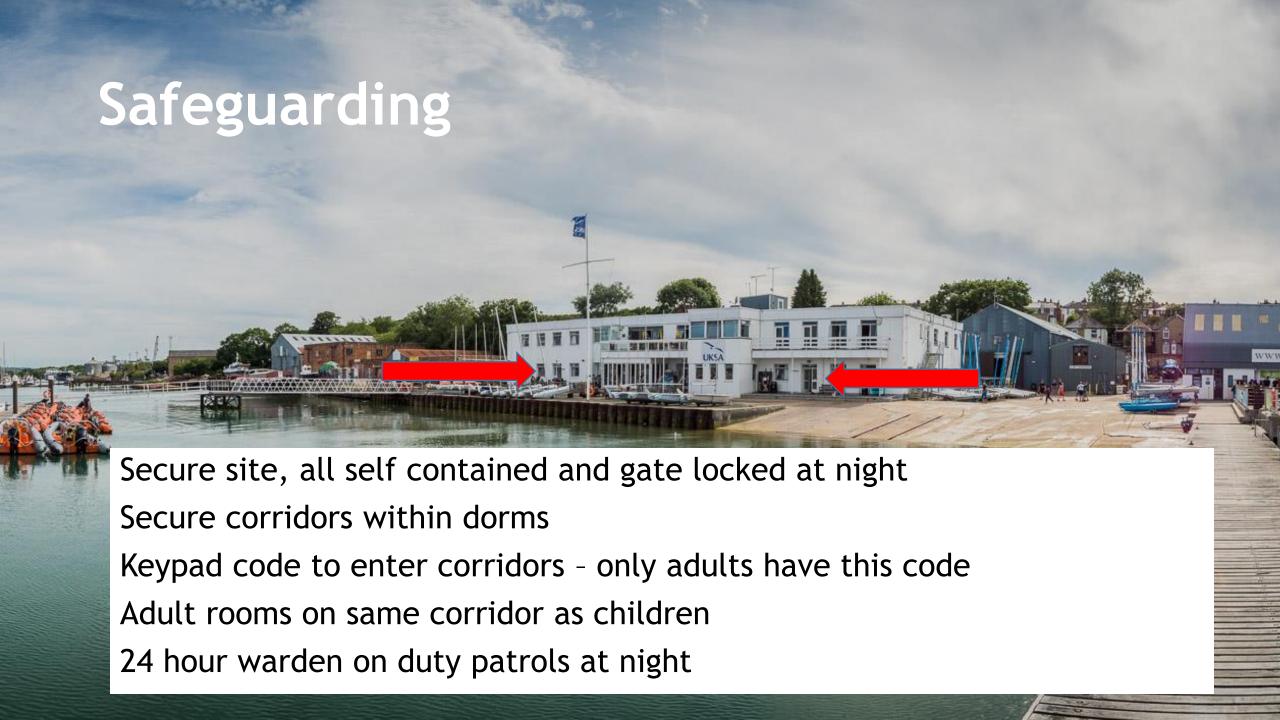
They are experienced at working with a range of ages, abilities and needs. A lot of work with schools.

## The UKSA Centre



## The UKSA Centre





### Cost and Payment

- £470
- Initial deposit and 8 instalments
- Payments via Arbor where possible after initial 'invite'
- Includes ALL UKSA costs (activities, full board), Jenny boat crossing, coach

	November (deposit)	£90
	January	£47.50
	February	£47.50
	March	£47.50
	April	£47.50
	May	£47.50
	June	£47.50
	July	£47.50
DOM:	August	£47.50
California Constitution of the Constitution of	Total	£470

#### Activities

Morning, afternoon and evening activities

- Morning sessions begin at 9.00am
- Afternoon sessions begin at 1.00pm
- Evening sessions begin at 6.30pm











### Activities

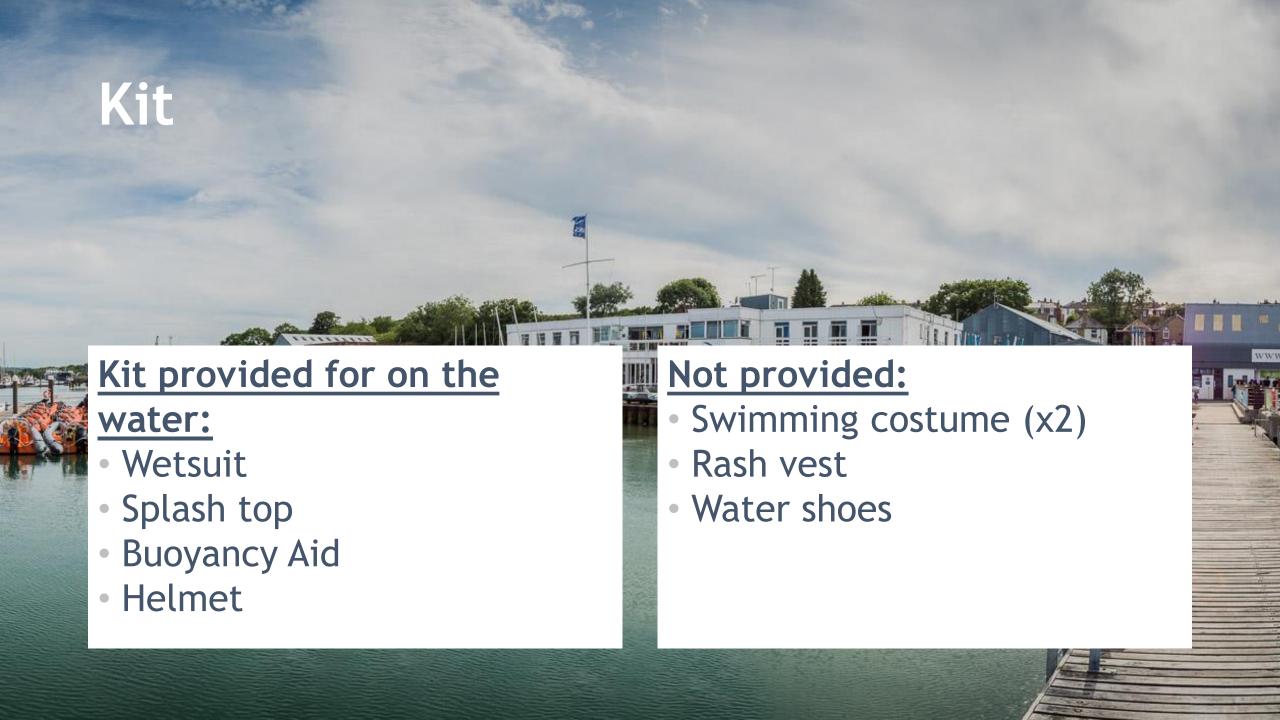
#### **Day Activities**

- Dinghy sailing
- Kayaking
- Windsurfing/Surfing
- Raft building
- Keel boating
- Stand Up Paddle Boarding
- Body Boarding



# Activit es

	Day Activities												
	Group Split	Мо	nday			Tue	sday Wedn		nesday	Thursday		Frida	ay
		0900-1200	130	600	090	200	1300-1600	0900-1200	1300-160 B	0900-1200	1300-1600	0900-1200	1300-1600
	A	Arrive	Wet Gar	Team nes		eel ating	Kayaking	Plastic Pollution	Dinghy a k f a	Stand Up Paddle- Boarding (SUP)	Surfing	Raft Building	Depart
	Evening Actives run until 9 P t												U
	Water Polo/Pool Games				Crab	obing D i	-N Im Games E		Film Night			p d a	
							n e						e



#### Accommodation

- Children sleep in rooms of 4-8
- Bunk beds and sink in each room
- Rooms are allocated based on friendship groups
- Separate girls and boys rooms
- Staff are situated in the same corridors
- In prep: have 'sleepovers' with friends





