

What should I do if I see someone else being bullied?

- Tell an adult straight away and your nearest AB Star
- Don't try and get involved—you might end up getting hurt or you could end up in trouble yourself
- Don't stay silent or the bullying will keep happening

The Headteacher, Governors and the staff will work together to:-

- Make our school a place where everyone can feel safe and happy, That means No Bullies Allowed
- We will help everyone to get on with each other and we believe that everyone has the **right** to be who they are, **enjoy** coming to school and to feel **safe** whilst they are here.

What will happen to a bully?

- Teachers will get involved to and help you solve problems. They may give out warnings, **yellow** or **red** Cards and may even speak to parents.
- Staff may use restorative strategies to help resolve any conflict.



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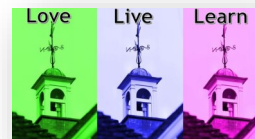
Anti-Bullying Policy

Child Version



"Every child has a right to an education" - Article 28
"Every child has a right to be happy" - Article 31
"Every child has a right to feel safe" - Article 19

This policy was reviewed:
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What is Bullying?

A bully is someone who 'hurts' someone else by using behaviour which is meant to hurt, frighten or upset another person; this could be due to the bully being bullied. This behaviour is normally repeated. We must remember that something may be going on in the 'bully's' personal life which may effect their school life/behaviour.



Emotional—Hurting people's feelings, leaving you out e.g. at break-times and stereotyping.

Physical—Punching, kicking, spitting, hitting, pushing, intimidating behaviour.

Verbal—Being teased, name calling, swearing (due to a disability)

Online—Saying unkind things by text, e-mail, and online using social media, chat spaces and online games.

Racist—Calling you names because of the colour of your skin, religion, where you come from and beliefs.

It is bullying when it is...

Several
Times
On
Purpose



Who can I tell?

- A Friend
- Parents/Carers
- School staff
- School Council
- Values Champions
- **Anti-Bullying Stars**

Most importantly:

Start
Telling
Other
People



If you are being bullied

DO:

- Ask them to **STOP** if you can.
- Use eye contact and tell them to go away.
- Ignore them
- Walk away
- Use your Worry Eater
- Tell the truth
- Talk to a friend
- **BE BRAVE**
- **TELL SOMEONE YOU TRUST**

DON'T:

- Do what they say
- Get angry, retaliate or run away
- **KEEP IT TO YOURSELF**

