

# United Against Bullying Core Values

We have established these 5 core values for anyone embarking on the United Against Bullying programme.

The programme has a strong focus on equalities and we believe it's vital that everyone participating in the programme starts with the same values in mind.

**1. Challenge**

Challenge your assumptions and be aware of bias.

**2. Be open minded**

Listen to new ideas and learn from others.

**3. Collaborate**

Involve everyone in the school community and support each other. It must be a team effort.

**4. Share**

Be willing to share your successes and challenges to help us all unite against bullying.

**5. Invest the time**

Change doesn't happen overnight. Invest the time, learn from every experience and continually self-reflect.



Sign up to the programme at:

[www.anti-bullyingalliance.org.uk/uab](http://www.anti-bullyingalliance.org.uk/uab)

Email: [uab@ncb.org.uk](mailto:uab@ncb.org.uk)

Access our free CPD online training here:

[www.anti-bullyingalliance.org.uk/free-cpd-training](http://www.anti-bullyingalliance.org.uk/free-cpd-training)