What should I do if I see someone else being bullied?

- Tell an adult straight away
- Don't try and get involved—you might end up getting hurt or you could end up in trouble yourself
- Don't stay silent or the bullying will keep happening

The Headteacher, Governors and the staff will work together to:-

- Make our school a place where everyone can feel safe and happy, That means No Bullies Allowed
- We will help everyone to get on with each other and we believe that everyone has the **right** to be who they are, **enjoy** coming to school and to feel **safe** whilst they are here.

What will happen to a bully?

- Teachers will get involved to and help you solve problems. They may give out warnings, yellow or red cards and may even speak to parents.
- Staff may use restorative strategies to help resolve any conflict.

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Anti-Bullying Policy

Child Version

Godalming Junior School
School Council

"Every child has a right to an education" - Article 28
"Every child has a right to be happy" - Article 31
"Every child has a right to feel safe" - Article 19

This policy was reviewed:

Autumn 2020

What is Bullying?

A bully is someone who 'hurts' someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is normally repeated.



Emotional—Hurting people's feelings, leaving you out e.g. at break-times.
Physical—Punching, kicking, spitting, hitting, pushing, intimidating behaviour.
Verbal—Being teased, name calling, swearing
Online—Saying unkind things by text, e-mail, and online using social media and chat spaces.
Racist—Calling you names because of the colour of your skin, religion or beliefs.

It is bullying when it is...

Several
Times
On
Purpose

Who can I tell?

- A Friend
- Parents/Carers
- School staff
- Buddies*
- House Captains





Most importantly:

Start **T**elling **O**ther **P**eople

If you are being bullied

DO:

- Ask them to **STOP** if you can.
- Use eye contact and tell them to go away.
- Ignore them
- Walk away
- Use your Worry Eater
- Talk to a friend
- **TELL SOMEONE YOU TRUST**



DON'T:

- Do what they say
- Get angry, retaliate or run away
- **KEEP IT TO YOURSELF**