

My Mind

In my head's a journey that only I can take,
there is no one else can ever read my mind.
I must tread carefully, for all the thoughts I make
must be mine alone, not lost upon the wind.

Inside are paths and mazes.
There are caverns, pits and keys.
There are wolves and saints and crazes.
A wave, a storm, a breeze.

There are patterns, wonder, colours.
Music, thunder, voices.
My mind is like no other's –
Only I can make my choices.

Mind out, that is, if you don't mind,
I must be gentle, treat it kind.
Your mind is your own, I think you'll find.
One day I hope to know my own mind.

Challenge 1:

1. Name 2 things that are in the authors mind.
2. Can you find 2 pairs of rhyming words?
3. How must the author treat their mind?
4. Go back to your answer from question 3, why do they need to treat their mind like that?
5. Why does the author say 'In my head's a journey that only I can take'?
6. Why does the author need to 'be gentle'?
7. What is your opinion of this poem? Give me at least 1 reason to explain your answer.

Challenge 2:

1. How does the poet say they must behave towards their mind?
2. Name 4 things that are in the poet's mind?
3. Do you think the poet is a young person or old person? Explain your answer.
4. Can you find 3 examples of rhyming pairs? Why do you think the author has chosen to use rhyming language?
5. Why does the poet use the phrase 'my mind is like no other's'?
6. Do you think the poet is feeling happy, sad, angry or excited? Explain your answer.
7. Summarise what this poem is about in 1 sentence.

Challenge 3:

1. What word does the poet use as a synonym for 'hole'?
2. The poet uses the word 'mind' in different ways so that it has different meanings. Give two examples from the poem.
3. Why do you think the poet wants their thoughts to "be mine alone"?
4. Why do you think the writer compares her mind to "paths and mazes"?
5. Why does the poet say 'one day I hope to know my own mind'?
6. In the second and third stanza, the poet uses a range of nouns to describe what is in their mind. How are these things similar and different?
7. Can you explain why the author has chosen to use contrasting things when they explain what is in their mind?